

MAY

Wey of Life

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MON Drop In HRS: 930a-530p	TUE Drop In HRS: 930a-530p	WED Drop In HRS: 930a-530p	THU Drop In HRS: 930a-530p	FRI Drop In HRS: 930a-2p	SAT Drop In HRS: 930a-2p	SUN Closed
 <p>MENTAL HEALTH Awareness MONTH</p> <p>MAY 2025</p>			<p>1</p> <p>10a Overcoming Negative Thoughts</p> <p>11a Creative Escape</p> <p>12p YOGA</p> <p>1p Community Table</p> <p>7p AA: Wey Young People</p>	<p>2</p> <p>11a Men's Len's, (Men's All Pathway Group HYBRID)</p> <p>12:30-2p Level Up</p> <p>Game Break</p>	<p>3 9a-12p Weymouth Clean Up Day (Volunteers Needed)</p> <p>10a - 11:30a Al-Anon (Hybrid)</p> <p>11a Present Hearts Group</p> <p>1p-2p Clean Sweep Hour</p> <p>7p-10p The Force of Recovery Dance Party!</p>	<p>4</p> <p>All Groups and Programs are FREE!!!</p>
<p>5 Staff training Center Opens @ 12:00pm**</p> <p>12p Mindful Mondays</p> <p>630p Faith Finders</p> <p>730p Big Book Step Meeting</p>	<p>6</p> <p>10a **VOLUNTEER ORIENTATION**</p> <p>11a Take Action Tuesday: Narcan Training</p> <p>12p Ted Talk Tuesday</p> <p>7p Learn 2 Cope (HYBRID)</p>	<p>7</p> <p>11a Sacred Circle (Women's All Pathway's Group)</p> <p>12p Clear and Balance w/ Reiki</p> <p>6p Grief Series</p>	<p>8</p> <p>10a Overcoming Negative Thoughts</p> <p>11a Creative Escape</p> <p>12p YOGA</p> <p>1p Community Table</p> <p>1:30p W.O.L TURNS 1</p> <p>7p AA: Wey Young People</p>	<p>9</p> <p>11a Men's Len's, (Men's All Pathway Group HYBRID)</p> <p>12:30-2p Level Up</p> <p>Game Break</p>	<p>10</p> <p>10a - 11:30a Al-Anon (Hybrid)</p> <p>11a Present Hearts Group</p> <p>1p-2p Clean Sweep Hour</p>	<p>11</p>  <p>Facebook</p>
<p>12 International Nurses Day</p> <p>10a Coffee w/ a Coach</p> <p>12p Mindful Mondays</p> <p>630p Faith Finders</p> <p>730p Big Book Step Meeting</p>	<p>13</p> <p>11a Take Action Tuesday: Narcan Training</p> <p>12p Ted Talk Tuesday</p> <p>1p Chaos to Calm</p> <p>7p Learn 2 Cope (HYBRID)</p>	<p>14</p> <p>11a Sacred Circle (Women's All Pathway's Group)</p> <p>11a-2p Carolina Hill Shelter **Volunteers Needed!**</p> <p>12p Clear and Balance w/ Reiki</p> <p>6p Grief Series</p>	<p>15</p> <p>10a Overcoming Negative Thoughts</p> <p>11a Creative Escape</p> <p>12p YOGA</p> <p>1p Community Table</p> <p>7p AA: Wey Young People</p>	<p>16</p> <p>11a Men's Len's, (Men's All Pathway Group HYBRID)</p> <p>12:30-2p Level Up</p> <p>Game Break</p>	<p>17</p> <p>10a - 11:30a Al-Anon (Hybrid)</p> <p>11a Present Hearts Group</p> <p>1p-2p Clean Sweep Hour</p>	<p>18</p>  <p>Instagram</p>
<p>19</p> <p>10a Coffee w/ a Coach</p> <p>12p Mindful Mondays</p> <p>630p Faith Finders</p> <p>730p Big Book Step Meeting</p>	<p>20</p> <p>11a Take Action Tuesday: Narcan Training</p> <p>12p Ted Talk Tuesday</p> <p>7p Learn 2 Cope (HYBRID)</p>	<p>21</p> <p>11a Sacred Circle</p> <p>12p Clear and Balance w/ Reiki</p> <p>12p Grief Support Group (Hybrid)</p> <p>6p Grief Series</p>	<p>22</p> <p>10a Overcoming Negative Thoughts</p> <p>11a Creative Escape</p> <p>12p YOGA</p> <p>1p Community Table</p> <p>7p AA: Wey Young People</p>	<p>23</p> <p>11a Men's Len's (Men's All Pathway Group HYBRID)</p> <p>12:30-2p Level Up</p> <p>Game Break</p> <p>1p-3p Fridays @ the Phoenix</p>	<p>24</p> <p>10a - 11:30a Al-Anon (Hybrid)</p> <p>11a Present Hearts Group</p> <p>1p-2p Clean Sweep Hour</p>	<p>25</p>  <p>Website</p>
<p>26 Center is CLOSED</p>  <p>Happy Memorial Day!</p>	<p>27</p> <p>11a Take Action Tuesday: Narcan Training</p> <p>12p Community Meeting</p> <p>7p Learn 2 Cope (HYBRID)</p>	<p>28</p> <p>11a Sacred Circle (Women's All Pathway's Group)</p> <p>12p Clear and Balance w/ Reiki</p> <p>1p-4p Prison Book Program</p> <p>6p Grief Series</p>	<p>29</p> <p>10a Overcoming Negative Thoughts</p> <p>11a Creative Escape</p> <p>12p YOGA</p> <p>1p Community Table</p> <p>7p AA: Wey Young People</p>	<p>30</p> <p>11a Men's Len's, (Men's All Pathway Group HYBRID)</p> <p>12:30-2p Level Up</p> <p>Game Break</p> <p>5p-7p Family Style Dinner</p>	<p>31</p> <p>10a - 11:30a Al-Anon (Hybrid)</p> <p>11a Present Hearts Group</p> <p>1p-2p Clean Sweep Hour</p>	